

## PATHFINDERS MEETING SCHEDULE

### IN PERSON MEETINGS

**07:00 am** Early Bird AA      **7 days a week**  
**10:00 am** AA Meeting      **7 days a week**

**05:30 pm** Living Sober AA      **Monday**  
**07:00 pm** Narcotics Anonymous      **Monday**

**10:00 am** All Recovery      **Tuesday**  
**05:30 pm** Experience, Strength  
 & Hope AA      **Tuesday**  
**07:00 pm** Recovery Dharma      **Tuesday**

**05:30 pm** Men's AA      **Wednesday**  
**07:00 pm** Step by Step NA      **Wednesday**

**12:00 pm** Ladies Lunch AA      **Thursday**  
**05:30 pm** Beginners' AA      **Thursday**

**05:30 pm** 12 Step AA      **Friday**

**07:30 pm** Speaker & Discussion AA      **Saturday**  
**11:00 am** AL-ANON      **Saturday**

**05:30 pm** Hour of Power 11th Step AA      **Sunday**

### ZOOM MEETINGS

**07:00 am**      **7 days a week**      **781539323**

**05:30 pm**      **7 days a week**      **522204145**

AA CT phone line: 1-800-783-7712

<https://ct-aa.org/meetings/>

NA CT phone line: 1-800-627-3543

<https://ctna.org/find-a-meeting/>

GA CT/MA phone line: 1-855-222-5542

<http://www.ctwmaga.org/>

CT Alanon phone line: 888-825-2666

<https://www.ctalanon.org/>



### STAFF CENTER HOURS

*(The center is always open during meeting times)*

<b>Monday</b>	<b>8:00 am - 8:00 pm</b>
<b>Tuesday</b>	<b>8:00 am - 8:00 pm</b>
<b>Wednesday</b>	<b>8:00 am - 8:00 pm</b>
<b>Thursday</b>	<b>8:00 am - 7:00 pm</b>
	<b>8:00 am - 5:30 pm</b> <i>(3rd Thurs. monthly)</i>
<b>Friday</b>	<b>8:00 am - 5:00 pm</b>
<b>Saturday</b>	<b>7:00 am - 3:00 pm</b> <i>(1st &amp; 3rd Saturday)</i>
	<b>9:00 am - 5:00 pm</b> <i>(2nd &amp; 4th Saturday)</i>
<b>Sunday</b>	<b>7:00 am - 3:00 pm</b>

### COMMUNITY HEALTH

**RESOURCES (CHR) 24 Hour Central Access**  
**860-646-3888 Triage Center 1-877-884-3571**

444 Center St., Manchester, CT

<https://www.chrhealth.org/programs-services/>



### ROOT CENTER

*for Advanced Recovery*

**860-643-3210**

335 Broad Street, Manchester

<https://www.rootcenter.org/root-center-manchester>



### STEPS Services - Outpatient Medication Assisted Treatment

**860-533-3434**

150 North Main Street, Manchester

[Outpatient Behavioral Health | ECHN](#)



### DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

Service information at: <https://portal.ct.gov/dmhas/initiatives/recovery/what-is-recovery>

**Addiction Services Availability**

<https://www.ctaddictionservices.com/>

**Access Line: 1-800-563-4086**

*(for inpatient detox, rehab and transportation)*



# PATHFINDERS *Association*

Pathfinders provides recovery services to individuals and their families impacted by substance use and other addiction disorders.

Pathfinders empowers individuals to overcome substance use and other addiction disorders to achieve long-term recovery by providing a supportive community, guidance, and resources for a healthier and more fulfilling life.

Our purpose is to:

- ◇ Maintain a safe environment which fosters a culture of hope, resilience and community
- ◇ Offer inclusive and accessible recovery-based meetings, programs and activities
- ◇ Provide personalized recovery coaching, life skills development and recovery support services
- ◇ Partner with community organizations to connect individuals with vital resources and services
- ◇ Engage in recovery advocacy activities and events

*Together, we can break the cycle and build a brighter future for all."*

### RESOURCE PAMPHLET

*Community support at hand.*

### Pathfinders

**102 Norman Street  
Manchester, CT 06040**

For more cards or information call

**860-646-9235**

Access cards on line at  
[www.pathfindersct.org](http://www.pathfindersct.org)

## COMMUNITY SUPPORT SERVICES

### GENERAL INFORMATION AND REFERRAL

**INFOLINE** 211  
(Can Provide Additional Service Listings)  
**Housing and Shelters 211** (*Then press 3, then 1 to speak with a housing specialist*)  
**Connecticut Clearinghouse** (Educational Materials)  
800-232-4424

**ENTITLEMENTS / BENEFITS**  
**CT Dept. of Social Services** 800-842-1508  
699 Middle Tope E, Manchester  
**Medicare** 800-633-4427  
**Social Security Administration** 877-619-2851

**FAMILY ORGANIZATIONS**  
**Army and Navy Center** 860-646-9133  
1090 Main St, Manchester  
<https://ancmanchesterct.org/>

**FOOD ASSISTANCE / PANTRIES / SOUP KITCHEN**  
**MACC Food Pantry** *M-Sa—Hot lunch* 860-647-8003  
**Midwest Food Bank** 860-783-1820  
**Salvation Army** *Sunday—Hot lunch* 860-649-7787  
**Senior Center** 860-647-3211

**HIV/AIDS**  
**Ryan White Planning Council** 860-757-4706  
[www.ryanwhitehartford.org](http://www.ryanwhitehartford.org)

**LEGAL ASSISTANCE**  
**Statewide Legal Services of CT** 860-344-0380

**LGBTQIA+**  
**Hartford Health Collective** 860-278-4163  
<https://healthcollective.org/>

**SENIOR, ADULT AND FAMILY SERVICES**  
479 Main Street, Manchester 860-647-3096  
<https://www.manchesterct.gov/Government/Departments/Senior-Adult-Family-Services>

**TRANSPORTATION**  
**Veyo** 855-478-7350  
**Way To Go CT Mobility Manager** 860-267-5439  
<https://www.ctada.com/index.asp>

**YOUTH SERVICE BUREAU** 860-647-5213  
[Manchester Youth Service Bureau Town of Manchester](https://www.manchesterct.gov/Government/Departments/Youth-Service-Bureau)

## EMERGENCY SERVICES

**IF IMMEDIATE CRISIS** 911

**SUICIDE & CRISIS LIFELINE** 988  
**National Suicide Prevention Lifeline**  
<https://988lifeline.org/>

**ACTION LINE—ADULT CRISIS** 211 or  
800-467-3135

**CHILD/ADOLESCENT CRISIS - EMERGENCY**  
**MOBILE SERVICES** Call  
**INFOLINE** for direct statewide transfer for any crisis involving children/youth ages birth to 17 211

**CHILD ABUSE/NEGLECT RREPORT CARELINE**  
800-842-2288

**DOMESTIC VIOLENCE**  
**CT Coalition Against Domestic Violence** 888-774-2900  
(Call or Text) [ctsafecconnect.org](https://ctsafecconnect.org)  
**EMERGENCY ROOMS** (Recovery Coach Connections)  
**Manchester Memorial Hospital** 860-647-4777  
**Rockville General Hospital** 860-872-5291  
**Hartford Hospital ED** 860-972-0000  
**St. Francis Hospital** 860-714-4001

**HELPLINES**  
**REACH** Warmline/Community Health Resources 866-927-6225  
888-793-3500  
**Wheeler Clinic Helpline** 888-789-7777  
**CT Council for Problem Gambling** 888-789-7777  
**Young Adult Warmline** <https://ccpg.org/chat/>  
**CCAR Telephone Recovery Support** 866-205-9770  
**Elder Justice Hotline** 860-808-5555  
**Turning Point CT** <http://TurningPointCT.org>

**POISON CONTROL CENTER** 800-222-1222

**SEXUAL ASSAULT CRISIS SERVICES (SACS)**  
**Connecticut Sexual Assault Crisis Services**  
(English) 888-999-5545  
(Spanish) 888-568-8332  
800-563-4086

For more cards or information call 860-646-9235.  
You can find a PDF to print on our website

## NON-EMERGENCY MENTAL HEALTH AND ADDICTION RECOVERY SERVICES

**ADDICTION RECOVERY SERVICES**  
**CT Addiction Medicine** 860-730-7100  
63 East Center Street, Manchester  
**Rushford** <https://rushford.org/> 877-577-3233

**HARM REDUCTION** (CT Harm Reduction Alliance)  
860-263-8720

**INPATIENT DETOXIFICATION**  
**Blue Hills Treatment Center** 860-293-6400  
**CRMHC (Capitol Region Mental Health Center)**  
860-297-0800  
**Connecticut Valley Hospital (CVH)** 860-262-5000  
**InterCommunity (ICRC)** 860-569-5900  
X515  
**Rushford** <https://rushford.org/addiction> 877-577-3233

**MENTAL HEALTH SERVICES**  
**Capital Region Mental Health Center** 860-297-0800  
**Hockanum Valley Community Council** 860-872-9825  
**Institute of Living** 860-545-7000  
**Manchester Memorial Hospital** 860-647-6800

**PEER-LED RECOVERY**  
**AU (Advocacy Unlimited)** 860-505-7581  
**CCAR** 860-244-2227  
**HVN (Hearing Voices Network):** <http://www.ethvn.org>  
**PATHFINDERS** 860-646-9235  
**Pathfinders Recovery Coach** 860-371-6409  
**AA** <https://ct-aa.org/> 800-783-7712  
**NA** <https://ctna.org/find-a-meeting/> 800-627-3543  
**GA (Gamblers Anonymous)** 855-222-5542  
<http://www.ctwmaga.org/>

**RECOVERY HOUSING**  
**A Fortress Sober Living Home (Men)** 860-899-4393  
PO Box 363, Manchester <https://www.afortress.org/>  
**Clayton House (Men & Women)** 860-659-0309  
203 Williams St., Glastonbury  
**Sober Solutions (Men & Women)** 860-533-9500  
<https://www.sobersolutionsllc.com/>

*A Fortress & Sober Solutions—Basic needs accepted*  
**TomCat's Place** 860-325-2280  
email: [Justin@TomCatsPlaceii.org](mailto:Justin@TomCatsPlaceii.org)  
<https://www.tomcatsplaceii.org> *Basic needs not accepted*