PATHFINDERS MEETING SCHEDULE

IN PERSON MEETINGS

07:00 am	Early Bird AA	**7 days a week**
10:00 am	AA Meeting	**7 days a week**
05:30 pm	Living Sober AA	**Monday**
07:00 pm	Narcotics Anonymous	**Monday**
07:00 pm	Wellbriety (Downstairs)	**Monday**
10:00 am	All Recovery	**Tuesday**
05:30 pm	Experience, Strength & Hope AA	**Tuesday**
07:00 pm	Recovery Dharma	**Tuesday**
05:30 pm	Men's AA	**Wednesday**
07:00 pm	Step by Step NA	**Wednesday**
12:00 pm	Ladies Lunch AA	**Thursday**
05:30 pm	Beginners' AA	**Thursday**
05:30 pm	12 Step AA	**Friday**
06:30 pm	Speaker & Discussion AA	**Saturday**
11:00 am	AL-ANON	**Saturday**
05:30 pm	Hour of Power 11th Step AA	**Sunday**

ZOOM MEETINGS

07:00 am	**7 days a week**	**781539323**
05:30 pm	**7 days a week**	**522204145**

AA CT phone line: 1-800-783-7712
https://ct-aa.org/meetings/
NA CT phone line: 1-800-627-3543
https://ctna.org/find-a-meeting/
GA CT/MA phone line: 1-855-222-5542
http://www.ctwmaga.org/
CT Alanon phone line: 888-825-2666
https://www.ctalanon.org/

STAFF CENTER HOURS

(The center is always open during meeting times)

Monday	**8:00 am - 8:00 pm**
Tuesday	**8:00 am - 8:00 pm**
Wednesday	**8:00 am - 8:00 pm**
Thursday	**8:00 am - 8:00 pm**
Friday	**8:00 am - 5:00 pm**
Saturday	**8:00 am - 4:00 pm**
Sunday	**8:00 am - 4:00 pm**

COMMUNITY HEALTH RESOURCES (CHR) ***24 Hour Central Access***
860-646-3888 ***Triage Center 1-877-884-3571***
444 Center St., Manchester, CT
https://www.chrhealth.org/programs-services/

ROOT CENTER
for Advanced Recovery
860-643-3210
335 Broad Street, Manchester
https://www.rootcenter.org/root-center-manchester

STEPS Services - ***Outpatient Medication Assisted Treatment***
860-533-3434
150 North Main Street, Manchester
Outpatient Behavioral Health | ECHN

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES
Service information at: **https://portal.ct.gov/dmhas/initiatives/recovery/what-is-recovery**
Addiction Services Availability
https://www.ctaddictionservices.com/
Access Line: 1-800-563-4086
(for inpatient detox, rehab and transportation)

PATHFINDERS Association

Pathfinders provides recovery services to individuals and their families impacted by substance misuse and other addiction disorders.

Pathfinders empowers individuals to overcome substance use and other addiction disorders to achieve long-term recovery by providing a supportive community, guidance, and resources for a healthier and more fulfilling life.

Our Purpose:

- Maintain a safe environment which fosters a culture of hope, resilience and community
- Offer inclusive and accessible recovery-based meetings, programs and activities
- Provide personalized recovery coaching, life skills development and recovery support services
- Partner with community organizations to connect individuals with vital resources and services
- Engage in recovery advocacy activities and events

Together, we can break the cycle and build a brighter future for all."

RESOURCE PAMPHLET

Pathfinders
102 Norman Street
Manchester, CT 06040
For more information call:
860-646-9235

To access our pamphlet online go to:
www.pathfindersct.org

September 2026

COMMUNITY SUPPORT SERVICES

GENERAL INFORMATON AND REFERRAL
INFOLINE **211**
(Can Provide Additional Service Listings)
Housing and Shelters 211 (*Then press 3, then 1 to speak with a housing specialist)*
Connecticut Clearinghouse
(Training and educational Material) **800-232-4424**

ENTITLEMENTS / BENEFITS
CT Dept. of Social Services **800-842-1508**
Medicare **800-633-4427**
Social Security Administration **877-619-2851**

FAMILY ORGANIZATIONS
Army and Navy Center **860-646-9133**
https://ancmanchesterct.org

FOOD ASSISTANCE / PANTRIES / SOUP KITCHEN
CT Mobile Foodshare **Text FOODSHARE to 85511**
The HUB-Food Pantry **860-646-5995**
MACC Food Pantry *M-Sa—Hot lunch* **860-647-8003**
Midwest Food Bank **860-783-1820**
Salvation Army *Sunday—Hot lunch* **860-649-7787**

HIV/AIDS
Ryan White Planning Council **860-757-4706**
www.ryanwhitehartford.org

ACCESS HEALTH (ACA-Heath Plans) **855-805-4325**
www.accesshealthct.com

LEGAL ASSISTANCE (Statewide) **860-344-0380**

LGBTQIA+ **860-278-4163**
Hartford Health Collective **https://healthcollective.org/**

SENIOR, ADULT AND FAMILY SERVICES
479 Main Street, Manchester **860-647-3096**
https://www.manchesterct.gov/Government/Departments/Senior-Adult-Family-Services

TRANSPORTATION
MTM (for Medicare & Medicaid clients) **855-478-7350**
Veyo **855-478-7350**
Way To Go CT Mobility Manager **860-267-5439**
https://www.ctada.com/index.asp

YOUTH SERVICE BUREAU **860-647-5213**
Manchester Youth Service Bureau Town of Manchester

EMERGENCY SERVICES

IF IMMEDIATE CRISIS **911**

SUICIDE & CRISIS LIFELINE **988**
National Suicide Prevention Lifeline
https://988lifeline.org/

ACTION LINE—ADULT CRISIS **211 or 800-467-3135**

CHILD/ADOLESCENT CRISIS - EMERGENCY MOBILE SERVICES **Call**
INFOLINE for direct statewide transfer for any crisis involving children/youth ages birth to 17 **211**

CHILD ABUSE/NEGLECT RREPORT CARELINE **800-842-2288**

DOMESTIC VIOLENCE
CT Coalition Against Domestic Violence **888-774-2900**
(Call or Text) **(ctsafeconnect.org)**

EMERGENCY ROOMS (Recovery Coach Connections)
Manchester Memorial Hospital **860-647-4777**
Rockville General Hospital **860-872-5291**
Hartford Hospital ED **860-972-0000**
St. Francis Hospital **860-714-4001**

HELPLINES
REACH Warmline/Community Health Resources **866-927-6225**
Wheeler Clinic Helpline **888-793-3500**
CT Council for Problem Gambling **888-789-7777**
Young Adult Warmline **https://ccpg.org/chat/**
CCAR Telephone Recovery Support **866-205-9770**
Elder Justice Hotline **860-808-5555**
Turning Point CT **http://TurningPointCT.org**

POISON CONTROL CENTER **800-222-1222**

SEXUAL ASSAULT CRISIS SERVICES (SACS)
Connecticut Sexual Assault Crisis Services
(English) **888-999-5545**
(Spanish) **888-568-8332**

For more pamphlets or information call 860-646-9235.

NON-EMERGENCY MENTAL HEALTH AND ADDICTION RECOVERY SERVICES

ADDICTION RECOVERY SERVICES
CT Addiction Medicine **860-969-1101**
63 East Center Street, Manchester

HARM REDUCTION (CT Harm Reduction Alliance) **860-263-8720**

INPATIENT DETOXIFICATION
Blue Hills Treatment Center **860-293-6400**
CRMHC (Capitol Region Mental Health Center) **860-297-0800**
Connecticut Valley Hospital (CVH) **860-262-5000**
InterCommunity (ICRC) **860-569-5900 X515**
Rushford **https://rushford.org/addiction** **877-577-3233**

MENTAL HEALTH SERVICES
Capital Region Mental Health Center **860-297-0800**
Hockanum Valley Community Council **860-872-9825**
Institute of Living **860-545-7000**
Manchester Memorial Hospital **860-647-6800**

PEER-LED RECOVERY
AU (Advocacy Unlimited) **860-505-7581**
CCAR **860-244-2227**
HVN (Hearing Voices Network): **http://www.cthvn.org**
PATHFINDERS **860-646-9235**
PATHFINDERS—Recovery Coach **860-371-6409**
REACH - *Women's Recovery Navigator* **959-262-1537**
AA **https://ct-aa.org/** **800-783-7712**
NA **https://ctna.org/find-a-meeting/** **800-627-3543**
GA (Gamblers Anonymous) **855-222-5542**
http://www.ctwmaga.org/

RECOVERY HOUSING
New Vine Living (Men) **860-981-0557**
New Vine Living - Sober Living Homes
Sober Solutions *(Men & Women)* **860-533-9500**
Basic needs accepted **https://www.sobersolutionsllc.com/**
TomCat's Place **860-325-2280**
https://www.tomcatsplaceii.org
AFortress Sober Living Home (Men) **860-899-4393**
https://www.afortress.org/

Presently only Sober Solutions accepts basic needs